

Meaning of the Wedding Rings 18

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You have just made promises of love and devotion to each other. These rings are symbols of those vows you have just spoken. Words are intangible and difficult to hold onto, so the rings become a vessel which will hold the words you have given to one another. The words “loving and cherishing,” “for better and for worse,” “honor and respecting,” are now encased in the ring. It is a physical way to hold on to the promises made to you. When you first put on a new ring it feels unnatural. You feel the weight and you hear it clank against objects. It's a foreign object on your hand. But then there is a shift that happens. You become comfortable with the ring. It begins to mold your finger and feel comfortable until the day it just becomes a part of your hand. The ring is no longer a piece of jewelry that you wear. It becomes an extension of your hand. So this ring that embodies your vows...your promises eventually becomes an extension of your hand. In other words, you become your ring....you become your vows. At first, the ring is a symbol of the vows you have made...it contains them, but during that change when the ring begins to mold to your finger, you become the ring, because you begin to embody the vows. Instead of the ring being only a symbol of the promise “to love and cherish” you become the love and you display the action of one who cherishes. You are no longer holding onto promises of sticking around through better and worse, but you begin to live it out....You hold on...you work through. You take on the process of honoring and respecting that you said you would. As you place the rings on each other's finger, the ring is a symbol, a promise, that one day...many days...many years... you will fulfill.

I do not claim to be the original author of this script. I am sharing it like this to make it easier for anyone to use.